

Managing Caregiving Without Losing Yourself

Caribbean Voyage and Conferences with
Annalee Kruger, Care Right Caregiver Concierge

Aging and caregiving should never be isolating. Here's the support you've been waiting for.

You're invited to join us in the Caribbean this November on a vacation like no other! Elite Cruises in partnership with senior care planning concierge and founder of Care Right Inc., Annalee Kruger, will be traveling to some of the dreamiest beach destinations like Cozumel, the Bahamas, and Jamaica and between ports giving caregivers and families unprecedented support. This cruise is designed to empower and re-energize caregivers, provide a safe and supported travel environment for seniors, and guide individuals and families to an appropriate aging plan made through informed decisions. Between private sessions with Annalee and workshops with her exclusively for our group we will travel throughout the Caribbean enjoying white sand beaches, rekindling family relationships, and living life to the fullest on this fully accessible, dementia-friendly Elite supported cruise.

**NOVEMBER 30 TO DECEMBER 7, 2024
ROUND TRIP FROM FT. LAUDERDALE, FL
DEMENTIA-FRIENDLY, FULLY ACCESSIBLE**

This Elite supported cruise and caregiver retreat includes:

- All-inclusive onboard pricing that covers meals including 2 premium dining experiences, beverages, and WiFi
- Daily caregiver break time with neuroplasticity focused adult daycare programs
- Airport pick up by Elite staff with escort to pre-cruise hotel or port
- Transport to/from ship along with luggage handling assistance
- \$100 excursion credit with optional excursion accompaniment by Elite staff
- Staff to client ratio of 1:3 plus two RNs providing 24/7 support exclusively for our group

Programming with Care Right Inc founder and caregiver concierge Annalee Kruger will be focused on Managing Caregiving without Losing Yourself. All travelers will enjoy benefits including:

- 1:1 consultation sessions with Annalee to create a customized aging plan with option to extend sessions after cruise
- A copy of Annalee's book *The Invisible Patient: the Emotional, Financial, and Physical Toll on Family Caregivers*
- Workshops and conferences with Annalee with topics such as *Self Care for Caregivers, What is an Aging Plan and the Importance of Having One, and Incorporating Technology for Respite*



Contact us for more details and ask us about getting a customized quote that meets your family's unique travel needs.

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EliteCruisesAndVacationsTravel.com/Caregivers-Caribbean-2024.html